



549 E. Lionshead Circle Vail, CO 970-476-2601

www.montaukseafood.com

SPRING 2017

SALADS

Crisp Wedge of Iceberg

Crumbled apple wood smoked bacon, vine ripe tomatoes, creamy Amish Gorgonzola dressing

Baby Spinach and Arugula

Strawberries, caramelized red onion, fresh oranges, toasted pine nuts and sheep's milk feta with citrus vinaigrette

Caesar

tossed in our house made dressing

APPETIZERS

Today's Daily Ceviche

Ask your server for today's offering

Crispy Rhode Island Calamari

Avocado mousse with fresh lemon and Roma tomato vinaigrette

Maine Lobster Macaroni and Cheese

Maine Lobster in a creamy shellfish sauce with shell pasta, mascarpone and fresh herbs

Cheese Sampler

A sampling of fine cheeses served with dried fruits, smoked almonds and Colorado wildflower honey

Soups: Manhattan Clam Chowder, Soup of the Day

Our **Raw Bar** gives you the option to "mix and match" your own chilled seafood sampler. Every night we offer a selection of raw oysters from both coasts as well as shrimp cocktail, chilled King and Dungeness crab or chilled lobster.



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FALL 2016

ENTRÉES

Miso Glazed

Your choice of fish, pan seared and topped with a miso glaze, served atop a crispy soba noodle cake, with a soy beurre blanc, topped with a cucumber tobiko salad

Seared

Your choice of fish, very lightly seared, with an Ecuadorian shrimp and vegetable stir fry, white sushi rice, wasabi and ginger. Topped with a soy ginger sauce.

Linguini with Fresh Seafood

Your choice of sautéed seafood in your choice of these preparations:

Fra Diavolo: Spicy fresh tomato sauce with capers and fresh herbs

Primavera: Green peas, fresh basil and cherry tomatoes with garlic, butter, white wine and fresh lemon

Creole Jambalaya

Your choice of fish, blackened and served over a creole style rice with Ecuadorian shrimp, spicy Andouille sausage

From the Steamer

Your choice: 1 lb. or 1/2 lb. Alaskan King Crab, 1 lb. Alaskan Dungeness Crab or 1 lb. Maine Lobster Served with garlic and herb Yukon potatoes, fresh vegetables julienne with light butter and herbs, clarified butter and lemon garlic butter on the side

Surf and Turf

All of our seafood and steaks are available for a "Surf and Turf" entrée. Please ask your server for details.

The Grill List

Our grill menu changes daily and features fresh fish, certified Angus beef ® and other quality meats from around the world. All of our fish and meats are delivered fresh (never frozen) and will be served with your choice of sides and a trio of house made sauces on the side. Some examples of items that may be found on the Grill List include Chilean Sea Bass, Maine Day Boat Sea Scallops, Hawaiian Swordfish, Organic Scottish Salmon, plus a selection of certified Black Angus® steaks. Grill items are subject to availability.



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Sides

Today's Daily Vegetable
Sweet and hot Napa slaw
Ginger-Cucumber Salad
Arugula tossed in a ginger vinaigrette
Roasted herbed Yukon potatoes
Buttermilk mashed potatoes
Smash fry Yukon potatoes
Garlic French fries

DESSERTS

Sand Pie

Whipped chocolate chip vanilla ice cream in a graham cracker crust, topped with house made caramel and hot fudge sauces, topped with slivered almonds

Key Lime Parfait

with crumbled graham cracker and pistachios, topped with whipped cream

Double Chocolate Mousse

with seasonal berries, topped with whipped cream

Strawberry Shortcake

House made yellow pound cake, topped with whipped cream

Carrot Cup Cake

Cheese Sampler

A selection of cheeses, served with dried cherries and apricots, roasted almonds and Colorado wildflower honey